



Unwrapping: the Inner Gifts of Christmas

Rev. Tom Owen-Towle

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Unwrapping: the Inner Gifts of Christmas


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This Wonderful Gift Book Helps Us to Navigate the Season Fully and Realistically.

The period between Thanksgiving and New Year's Day can send us into a funk. *UNWRAPPING the Inner Gifts of Christmas* is a guide to help us face—even embrace—the many holiday emotions (joy, sadness, compassion, and silence), so that we may be able to truly grow our souls. It is filled with hopeful stories and helpful exercises that lead to a healthier and holier life.

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