



My Father's Heart: A Son's Journey

Steve McKee

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Sixteen-year-old Steve McKee watched his father die of a heart attack on the couch in their TV room. A lifelong smoker and workaholic, John McKee had been floored by a heart attack five years earlier. The McKee clan-perhaps including a demoralized John himself-had long been waiting for the other shoe to drop. At age fifty-two, Steve McKee learned that he was his father's son more than he had ever hoped-he, too, has serious cardiovascular disease. Haunted by his father's seeming surrender to the condition, McKee set out to find the man who died before the son could know him. In so doing, what might he, Steve McKee, learn of himself? Chronicling the disorienting first days following John McKee's death, *My Father's Heart* is an extraordinary story of an all-too-ordinary scenario: A father dies, a son remains, and the loss casts a long shadow across a generation. Rich in evocative detail of time, place, and family, it is a powerful memoir of love, forgiveness, and finding oneself.

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