

Critical Issues in School-based Mental Health: Evidence-based Research, Practice, and Interventions



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School-based mental health professionals intervene daily to address a variety of student mental health concerns. From challenges that arise in the educational context to those carried over from home, from managing daily care to handling emergent traumatic events, they must be prepared for an extremely varied work life. While some of the most common issues recur with such frequency that they may seem straightforward to address, others crop up with changing student populations.

Each chapter in this volume addresses a different key topic, giving current and future professionals an overview of the most recent scholarship on the topic, and then outlining evidence-based interventions. With chapters on learning disabilities, substance abuse, bullying, internalizing and externalizing behaviors, trauma, LGBT youth and more, this book prepares school-based mental health professionals to face some of the most difficult, common, and politicized issues affecting students today.



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