



# Scars That Wound, Scars That Heal: A Journey Out of Self Injury (Live Free)

*Jan Kern*

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This is Jackie's story of repeated self-injury and how relationships with those who came alongside her—together with a deeper understanding of God's love and patience—brought her to a place of hope and healing.

The Live Free series for teens and young adults tackles real questions about real life—questions about sex, family problems, relationships, body image, and the future. You'll discover firsthand stories of teens and their personal struggles, journeys, and spiritual healing that comes with real freedom. Each chapter includes Scriptures, journaling prompts, tips for supporting the person seeking help, and questions designed for personal reflection or small group discussion.

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As people who live in the particular modest era should be update about what going on or information even knowledge to make these people keep up with the era which can be always change and advance. Some of you maybe will update themselves by examining books. It is a good choice for you personally but the problems coming to an individual is you don't know what type you should start with. This Scars That Wound, Scars That Heal: A Journey Out of Self Injury (Live Free) is our recommendation to cause you to keep up with the world. Why, because this book serves what you want and wish in this era.

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