



Mrs. Rowe's Restaurant Cookbook: A Lifetime of Recipes from the Shenandoah Valley

Mollie Cox Bryan, Mrs Rowe's Family Restaurant

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In 1947, single mother Mildred Rowe started a small restaurant in the foothills of Appalachia. Today, her restaurant serves half a million locals and visitors a year, making it the most popular reason to stop over in Staunton, Virginia. MRS. ROWE'S RESTAURANT COOKBOOK tells the story of this Shenandoah Valley institution and collects the best of Mrs. Rowe's cherished home-style recipes-timeless American comfort food like spoon bread, fried chicken, and cherry pie. Illustrated with beautiful vintage photographs, this nostalgic tribute is guaranteed to fill hearts and bellies with a hankering for a real home-cooked meal. Reviews "Most of all, I love that this book captures the real meat of life, not just its gravy."-Lily Binns, Saveur "Sometimes recipes produce more than a good meal; they bring history to life. Such is the case with Mrs. Rowe's Restaurant Cookbook."-Country Living Magazine "Even those not familiar with Mrs. Rowe's will appreciate the collection of Southern and Appalachian favorites. . . Bryan's thoughtfully written portrait of the late Mildred Rowe adds to the charm."-Atlanta Journal-Constitution

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