



# **A Year in a Vegetarian Kitchen: Easy Seasonal Dishes for Family and Friends**

*Jack Bishop*

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# A Year in a Vegetarian Kitchen: Easy Seasonal Dishes for Family and Friends

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**Simple, seasonal, real-time vegetarian recipes for everyday and every occasion.**

As a busy husband, father of two young children, and full-time writer, Jack Bishop demands a lot from the meals that make it into his family's repertoire. In *A Year in a Vegetarian Kitchen*, he guides you through the seasons with 248 of his favorite everyday recipes, which deliciously embody his philosophy of "shop locally, cook globally, and keep things easy." Cooking with seasonal produce, he says, is the best way to bring a welcome variety to the table. In spring, dinner might be Stir-Fried Rice Noodles with Asparagus and Eggs. Summer brings Savory Corn Griddle Cakes and Fresh Tomato Pizza with Avocado. For fall, Root Vegetable Tarts with Rosemary and Orecchiette with Spicy Broccoli are on the menu. And in winter, when most farmers' markets are a distant memory, Pan-Glazed Tofu with Thai Red Curry Sauce and Caribbean Black Beans with Sautéed Plantains await. With ten years of experience working with *Cook's Illustrated*, he's also able to provide expert guidance on how to choose a good vegetable broth, select the right potatoes for mashing, and more tips tailored just for vegetarian cooks.

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A Year in a Vegetarian Kitchen: Easy Seasonal Dishes for Family and Friends can be one of your basic books that are good idea. Many of us recommend that straight away because this guide has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining but still delivering the information. The article author giving his/her effort to put every word into satisfaction arrangement in

writing A Year in a Vegetarian Kitchen: Easy Seasonal Dishes for Family and Friends although doesn't forget the main point, giving the reader the hottest and also based confirm resource information that maybe you can be one among it. This great information can easily drawn you into new stage of crucial thinking.

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