



Double Double: A Dual Memoir of Alcoholism

Martha Grimes, Ken Grimes

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“We were sitting in a coffee shop talking, looking at the view of downtown Charlottesville, Virginia. This was ten years ago, and we had both been off alcohol for more than a decade. We were disagreeing about the best way to stay sober when my mother said, ‘I think we should write a book about alcoholism.’

“I sat back. ‘We?’

“Both of us. Two points of view.” —from the Foreword

Double Double is a unique, dual memoir of alcoholism, a disease that affects nearly 45 million Americans each year. People who suffer from alcoholism as well as their families and friends know that while it is possible to get sober, there is no one “right” way to do this.

Now, award-winning mystery writer Martha Grimes and her son, Ken Grimes, offer two points of view on their struggles with alcoholism. In alternating chapters, they share their stories—stories of drinking, recovery, relapse, friendship, travel, work, success, and failure.

For Martha, it was about drinking martinis at home, sometimes with friends, sometimes alone. For Ken, it was partying in bars and clubs. Each hit bottom. Martha spent time doing outpatient rehabilitation, once in 1990 and again two years later. Ken began twelve-step recovery. This candid memoir describes how different both the disease and the recovery can look in two different people—even two people who are mother and son.

Double Double is an intensely personal and illuminating book, filled with insights, humor, a little self-deprecation, and a lot of self-evaluation. Anyone who has faced alcoholism will identify with parts of this book. All readers will find these pages revealing, moving, and compelling.

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Playing with family inside a park, coming to see the marine world or hanging out with close friends is thing that usually you could have done when you have spare time, in that case why you don't try issue that really opposite from that. One activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Double Double: A Dual Memoir of Alcoholism, you are able to enjoy both. It is very good combination right, you still want to miss it? What kind of hang-out type is it? Oh can occur its mind hangout people. What? Still don't obtain it, oh come on its named reading friends.

Michael Roberts:

As we know that book is important thing to add our understanding for everything. By a book we can know everything we would like. A book is a list of written, printed, illustrated or even blank sheet. Every year has been exactly added. This publication Double Double: A Dual Memoir of Alcoholism was filled about science. Spend your free time to add your knowledge about your scientific research competence. Some people has various feel when they reading any book. If you know how big benefit from a book, you can experience enjoy to read a guide. In the modern era like at this point, many ways to get book that you simply wanted.

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