



Authentic Five Animals Style Hasayfu Hung Kuen (Wing Lam Kung Fu Series)

Sifu Wing Lam

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This is the first complete systems book written about the Authentic Five Animals Style of Hasayfu Hung Kuen kung fu - a unique style handed down from its origin in the Southern Shaolin Temple to a selective lineage. Sifu Wing Lam has been teaching this rare style not only in America, but globally for over 40 years.

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