



It's OK to Go Up the Slide: Renegade Rules for Raising Confident and Creative Kids

Heather Shumaker

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When it comes to parenting, sometimes you have to trust your gut.

With her first book, *It's OK Not to Share*, Heather Shumaker overturned all the conventional rules of parenting with her “renegade rules” for raising competent and compassionate kids. In *It's Ok To Go Up the Slide*, Shumaker takes on new hot-button issues with renegade rules such as:

- Recess Is A Right
- It's Ok Not To Kiss Grandma
- Ban Homework in Elementary School
- Safety Second
- Don't Force Participation

Shumaker also offers broader guidance on how parents can control their own fears and move from an overscheduled life to one of more free play. Parenting can too often be reduced to shuttling kids between enrichment classes, but Shumaker challenges parents to reevaluate how they're spending their precious family time. This book helps parents help their kids develop important life skills in an age-appropriate way. Most important, parents must model these skills, whether it's technology use, confronting conflict, or coping emotionally with setbacks. Sometimes being a good parent means breaking all the rules.

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