



# Climbing the Mountain

*Kirk Douglas*

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# Climbing the Mountain

*Kirk Douglas*

## **Climbing the Mountain** Kirk Douglas

With the simple power and astonishing candor that made *The Ragman's Son* a great bestseller, Hollywood icon Kirk Douglas shares his quest for spirituality and Jewish identity -- and his heroic fight to overcome crippling injuries and a devastating stroke. On February 13, 1991, Kirk Douglas, star of such major Hollywood classics as *Spartacus* and *Paths of Glory*, was in a helicopter crash in which two people died and Douglas sustained severe back injuries. As he lay in the hospital recovering, haunted by the tragedy, he kept wondering -- Why had the two younger men died while he, who had lived his life fully, survived? The question drives this son of a Russian-Jewish ragman back to his roots and on a journey of self-discovery. Through the teachings of the celebrated Rabbi David Aaron he finds a new spirituality and purpose to life through Judaism. His new-found orthodox faith enables him to make peace with his son Michael, to listen to others, and, above all, to hear his own inner voice. Unsparing, frank, passionate, *Climbing the Mountain* is also an intimate account of the actor's courageous fight to recover first from his painful and crippling crash injuries and then from a stroke that left him partially paralyzed and unable to speak -- an inspirational struggle that culminates in his triumphant appearance at the 1996 Academy Awards "RM" ceremony to receive a Lifetime Achievement Award.

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