



Youth Basketball Practice Plans: Ages 9 to 12

William Sniffen

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Coach Bill Sniffen presents 20 90 minute practice plans full of youth basketball drills, skills and coaching tips developed for beginner and intermediate basketball players. Each practice plan focuses on a new skill and there are plenty of topics and team building activities throughout. The plans provide an entire season's worth of all the essential basketball skills – footwork, ball handling, dribbling, passing, shooting, and situational play – that young players need to master, all in an easy-to-follow, time-specific format.

Topics Covered:

- Dribbling
- Shooting
- Passing
- Offensive and Defensive Strategy
- Training Drills

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