

# I love him - he loves himself. The truth about our narcissistic man. Part 1

Ms Ina Zravkova Arakchiyska



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I love him - he loves himself. The truth about our narcissistic man. Part 1 Ms Ina Zravkova Arakchiyska Many times over the past seven years I have asked myself why I still love, support and forgive him when on his part I did not receive love and understanding, but only reproaches and humiliations? He does not meet my needs; he is not showing me love and affection, but he requires all of this from me. Why repeatedly I find excuses for his behavior? Why his lack of empathy is causes me to love him more and trying to teach him how to love? What's so special about him that I still continue to want him to be part of my life? After a brief survey I found that lots of women have lived many years in an unhealthy relationship with a narcissistic man. They have asked themselves the same questions and haven't found answers! Moreover, in my practice, I encountered with a several cases of women tied to narcissistic men who did not know what to do! So I"ve decided to write this book - to help those who have now started a relationship with narcissistic man, those who are living with a narcissistic man and those who have decided to leave their narcissistic man!



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