



FOOD AND NUTRITION: School Edition

Anita Tull

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This popular text has been completely revised and updated in full colour to provide comprehensive coverage of the new GCSE syllabuses in Home Economics: Food and Nutrition. It will also be a valuable resource for students on courses in D&T: Food Technology, and GNVQ Health and Social Care and Hospitality and Catering. This new edition includes the latest nutritional guidelines, with a new chapter on meeting particular dietary needs. Differentiated revision questions are included throughout the book, with structured questions and tasks at the end of each chapter.

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