



# Is there a Dry Drunk in your life/: And other unsettling questions...and answers

*Carole Bennett MA*

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## **Is there a Dry Drunk in your life/: And other unsettling questions....and answers** Carole Bennett MA

It is difficult watching your loved one begin or continue down the destructive road of addiction. You are hopeful as promises for recovery are attempted, only to be broken time and time again. You can't help question if this is your fault and what you did or didn't do. You realize that ultimately you are helpless and can't fix the problem, which truly breaks your heart. Loving an alcoholic/addict is often confusing, unsettling and disheartening. In Carole Bennett's second book, she explores in-depth some of the most perplexing, confusing and baffling areas that we as parents, spouses, siblings, family and friends try to understand and deal with when we love an alcoholic/addict. *Is There A Dry Drunk In Your Life?* answers questions pondered by millions of people who are confused and frustrated about the world of addiction. Through solid advice and end of chapter processing questions, Bennett presents tactical and specific procedures to help you understand and cope with the alcoholic/addict in your life.

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