



From Om to Orgasm: The Tantra Primer for Living in Bliss

Chandi Devi, J. Ram Sivananda

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At last! A practicum on Tantra for singles and couples. Everyone wants to know how to become a better lover! Although this book is written in easy to understand language-the language of the heart-- it is the modern, reference book on tantra-- from meditation to "quick tantra tips", from orgasm and prolonged massage to 5 minute exercises. Illustrations, diagrams, charts and step by step instructions essential for those who: want to experience spiritual sex are curious about tantra want more intimacy want to attract the right partner want to enhance or improve their relationship with their partner find other books on tantra either too academic or too raunchy want to try something new that reflects their conscious interests have very busy schedules want to experience this work in private and at their own pace Testimonials: "Outstanding-- and has full potential to become a classic reference work!"...David Fabricius, Internationally Renowned Business Speaker "The authors, drawing from classic and modern sources, personal experience, and a variety of associations by non-tantric traditions, present a much wider view of Tantra than is normally found in books directed towards Westerners. There are a lot of great concepts brought out in this book that are not covered by other popular books."...L.B. reviewer "The book gives us a flawless, enlightened and uninhibited path to divine sexual expression and practices. It teaches the magic of improving communication between partners, which helps in healing the mind, body and soul." ...Sidhartha Pani, MD "Certainly this book is more than theory. It tells of the integration of the body and soul, which is the heart of this subject -- relating our everyday experiences, emotions, and instincts to the divine creativity within."... Bradley Rockow, Vedic Astrologer

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