



Crosswords for Seniors For Dummies

Timothy E. Parker

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A puzzle-packed guide tailored to the interests of the older generation

Are you over the age of 55? Looking for some great crossword puzzles? Better yet, how about a collection of crosswords that is tailored to your interests? Look no further. *Crosswords For Seniors For Dummies* fits the bill.

This compilation of challenging and entertaining crossword puzzles is perfect for you if you want to challenge your brain, preserve mental fitness-and are just looking for some fun! It's a known fact that keeping the mind active and healthy can reduce the risk of such conditions as dementia; plus, puzzles have been proven to strengthen memory and mind function.

- Helps you maintain an active and productive mind by providing fun games designed to stimulate the brain
- Uses large print for easy reading
- Contains 150 puzzles arranged from easy to difficult that are specifically designed to pique the interest of those over 55
- Timothy E. Parker is the Senior Crossword Puzzle Editor of *USA Today Crosswords* and the "World's Most Syndicated Puzzle Compiler" according to *Guinness World Records*

So keep your mind sharp while you have a great time with *Crosswords For Seniors For Dummies!*

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