



# You Are What You Eat: and Other Mealtime Hazards

*Serge Bloch*

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## **You Are What You Eat: and Other Mealtime Hazards** Serge Bloch

In this deliciously clever follow-up to *Butterflies in My Stomach* and *Reach for the Stars*, our young hero and his loyal dog, Roger, tackle another major aspect of life: eating. Mealtime should be a piece of cake, but this finicky eater eats like a bird. And that drives his mom bananas because he really should have three square meals a day. What will happen when he dines at the home of a friend whose mom is a real health nut? Maybe he'll discover that variety is the spice of life!

Children might find these sayings puzzling at first. But Bloch's witty and wonderful images, which mix whimsical line drawings with photographs of inanimate objects, make everything clear-and will leave readers of all ages pleased as punch.

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