



# The Other Side of The Bed

*Bhavya Kaushik*

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# The Other Side of The Bed

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## **The Other Side of The Bed** Bhavya Kaushik

This is a story which tries to answer the age old question, what to do when someone you love dies; in a contemporary and personal way. Nakul, who lost his beloved wife after only a month of their marriage in a serial bombing attack, found it impossible to continue with his life.

He takes a journey in which he interacts with people like him, who have also lost their loved ones in those blasts and decides to help them. Though he didn't realize that in the process of helping them, he was helping himself This is his journey through the five stages of grief -

DENIAL, ANGER, BARGAINING, DEPRESSION and ACCEPTANCE, and how he comes out of them with the help of his family and his "Grief-Mates".

He thought that he had forever of togetherness with his wife, but he didn't, none of us does. And before it is too late, we should better go out there to our loved ones and tell them how much we love them. Have any of you said it lately to your wife, your husband, your children, your brother, sister or your parents, that "You mean the world to me. You have changed my life. I cannot live without you. I love you..."

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