



# **Dump Dinners: Paleo Dump Dinners For Kids - A Month of Paleo Dump Dinner Recipes Your Kids Will Love**

*Henry Brooke*

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The description of this recipe book is not a hard one to define; in fact, it is fairly easy one to say, a paleo dump dinner is all of your ingredients dumped and combined into one baking dish, crockpot, cooking pot, etc. This is done so everything is equally cooked and the time is what you need to give these meals in order for them to become so delicious tasting in the first place. All of these recipes are kid friendly and we guarantee that they will enjoy trying each and every single recipe that is included within the pages of this cookbook.

Place all of your ingredients into one cooking device of your choosing and in a few hours return back to see a meal that is cooked homemade and delicious in which took pretty much no effort at all to prepare in the first place. One main reason for the popularity of meals such as these dump dinners is to not stress over having to figure out what to do for dinner and cook it; you just figure it out, place and it is good to go.

All of the recipes inside of this paleo cookbook were created with kids in mind so have no worries, they will love whatever you make them. With that being said you can choose to have them help you out in the kitchen if you want and turn the whole thing into an amazing learning and hands-on experience. Recipes for the crock pot are best suited for those who work all day long so dinner is done when you get home and the ones for the oven or anything else are great for on the weekend, stay at home parents, late dinners and more. Everything is delicious and you really should try all of the recipes at least once.

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