

## Final Journeys: A Practical Guide for Bringing Care and Comfort at the End of Life

Maggie Callanan



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**Final Journeys: A Practical Guide for Bringing Care and Comfort at the End of Life** Maggie Callanan For more than two decades, hospice nurse Maggie Callanan has tended to the terminally ill and been a cornerstone of support for their loved ones. Now the coauthor of the classic bestseller **Final Gifts** passes along the lessons she has learned from the experts—her patients. Here is the guide we all need to understanding the special needs of the dying and those who care for them.

From supporting a husband or wife faced with the loss of a spouse to helping a dying mother prepare her children to carry on without her, Callanan's poignant stories illustrate new ways to meet the physical, emotional, and spiritual challenges of this difficult and precious time. She brings welcome clarity to medical and ethical concerns, explaining what to expect at every stage.

Designed to be your companion, resource, and advocate from diagnosis through the final hours, **Final Journeys** will help you keep the lines of communication open, get the help you need, and create the peaceful end we all hope for.



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