



Don't Let Your HMO Kill You: How to Wake Up Your Doctor, Take Control of Your Health, and Make Managed Care Work for You

Dr. Jason Theodosakis, David T. Feinberg

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More than 60% of Americans with medical insurance are enrolled in HMO's, but few are happy about it. Procedures are denied, doctors are rushed, patients are frustrated--it seems as if everyone has an HMO nightmare story to tell. Now two accomplished doctors, including the author of the *New York Times* bestseller *The Arthritis Cure*, offer readers an invaluable guide to understanding, dealing with, and getting the most out of their physicians and HMO's.

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